



April 2012

Ar aghaidh linn chun cinn

Cumann Peil Gael Na mBan Tir Eoghain Newsletter



Child Protection Course

A Child Protection Course is being held on May 16th in Omagh Youth Sport. Please note that it is important that anyone involved in any capacity with an underage team should have completed this course.

There are a limited number of places available. To reserve a place please contact TLGFA Children's Officer Donna Bogle on 077 432 14143 or email donna-mac@hotmail.co.uk. Cost £5

Club Officer Programme

The Ladies Gaelic Football Association's newly modified and updated Club Officer Programme will be held in The Fir Trees Hotel, Strabane on Thursday, April 26th at 7.30pm.

This programme has been organised for Clubs in Tyrone and Donegal together and it serves as a very beneficial tool in assisting Club Officers in their day to day running of their clubs and to provide them with guidance and support in an information sharing environment for organising Ladies Gaelic Football activities in their communities.

Clubs should send at least 3 officers, including assistant officers or future officers. Please forward the names of those officers who will be attending to maggieskelton@hotmail.co.uk before April 20th.

Inter-County Fixtures

Ulster U14A Championship
March 24th v Donegal (H)
April 14th v Monaghan (A)
April 28th v Armagh (H)
May 13th Ulster Final

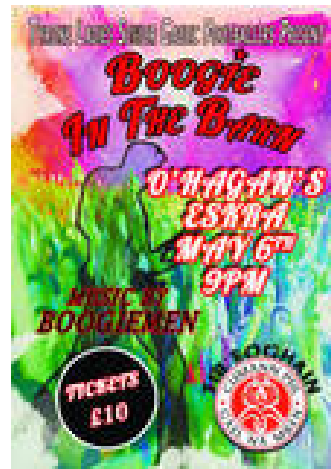
Ulster U16A Championship
June 30th v Armagh (A)
July 6th v Donegal (H)
July 14th v Monaghan (H)
July 28th Ulster Final

Ulster Minor Championship
April 14th v Down (A)
April 21st v Donegal (H)
May 6th v Armagh (H)
May 19th Ulster Final

Boogie In The Barn

The Senior Ladies are running their annual Boogie In The Barn in O'Hagan's Bar, Eskra on the May Bank Holiday Sunday (6th). The music this year will be provided by the fantastic Boogiemen. There will be all the usual craic both inside and outside.

Tickets are now available from any County Senior player or County Board.



Ulster Senior Championship
June 16th v Monaghan
This game will be the opening game in a double-header with the Ulster GAA Football Championship quarter-final game between Derry and the winners of Cavan & Donegal.

We wish all our County teams and management the best of luck in their quest for honours this year. All support would be welcome.

Congratulations to Loreto U20s ALL—IRELAND CHAMPIONS 2012



Loreto Captains Clara McMenamin and Nichola Donnelly lift the cup as their teammates celebrate.
Photo credit: Matt Browne/SPORTSFILE
To see some action from the final check out this link <http://www.youtube.com/watch?v=rnTF5qAqNKU>



Congratulations to Eimear Teague who recently claimed the Gaelic Life Ulster Club Ladies Footballer of the Year award. Eimear helped guide Sperrin Óg to Tyrone, Ulster and All-Ireland Junior Club Championship honours as well as picking up the Player of the Match award at the All-Ireland Club Final. Eimear was presented with her latest award by Gaelic Life journalist Ciaran Woods, and Ulster Ladies President Hugh Devenney. It is hoped Eimear's success will inspire our Senior Ladies in the coming season.



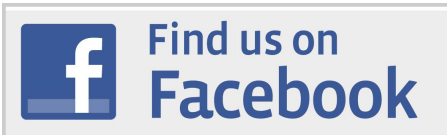
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Neamh & Shannon

Congratulations to our Senior County players Neamh Woods and Shannon Quinn who were selected for the 2012 Ladies Gaelic All Star O'Connor Cup based on their performances for UUJ during the recent O'Connor Cup.



Our Facebook page www.facebook.com/tyroneladiesgfa has proven a huge success as a source of up to the minute goings on in Ladies Gaelic Football in Tyrone. We currently have over 700 likes. Please like us!!

Tyrone Teamtalk

I'm sure many of you are already aware of www.teamtalkmag.com which is a superb source for all Tyrone GAA news. The site has been doing live match updates online for a year now but has recently expanded to providing online radio commentary of Tyrone GAA games. It is hoped that there will be live coverage of the Tyrone v Monaghan Ladies Ulster Championship clash on June 16th. Also, don't miss the online radio show on Monday evenings at 9pm when Noel will discuss all the goings on in the County GAA scene. **Don't forget check out www.teamtalkmag.com.**

November 30th is the date that has been set for the return of the Tyrone Teamtalk Awards Dinner in the Great Northern Hotel, Bundoran. There will be categories for Ladies Football in both Club and County. More information available shortly.



Tyrone U14s were successful at the recent Ulster U14 Blitz held at MUSA in Cookstown defeating Donegal, Monaghan and Down on the way to winning the tournament.

Following the blitz the girls from Mna na Deirge and Aghyaran displayed the cup. Pictured (L-R): Roisin Devlin, Sophie Ramsey, Anna Harper (Mna Na Deirge;) Aoi-bheann McHugh, Megan McMenamin, Sasha Byrne (Aghyaran)



Coaching Tips by Phillip

No Straight Ball!

Try this game with your teams.

Only play it for about 10 minutes at a time and point out beforehand that your intention is to force players on the ball to look left and right for a pass and to encourage those who want the ball to move left and right to receive.

The ball must not be passed into the corners of the pitch [dead space] but players may make decoy runs into these areas.

So, a player in possession may not play the ball straight up or straight down the pitch. Every pass must be diagonal or lateral: All support runs likewise.

Played at its best, this game will lead to the ball ending up in front of goal, with players constantly running to support or to draw opponents away from the action. It may be used with teams as young as your top U10s or as experienced as your seniors.

Senior Ladies

Having maintained National League Division 1 status this year the Seniors are now looking forward with excitement and enthusiasm to this years Championship.

Looking back on the National League, there were good performances against the top teams in the country, Monaghan, Dublin and Cork. However, as the old saying goes "it's points that make prizes" and despite these strong performances Tyrone failed on to come out with a victory in those games. Wins against either Meath or Laois would have seen the team competing in the National League Semi-final.

Senior manager Gerry Moane and his coaching team will be working hard before the Championship throw-in on June 16th to ensure that Tyrone Ladies will be a match for any team and don't be at all surprised to see the Ulster Championship reside in Tyrone come July.

